“The greatness of a community is most accurately measured by the compassionate actions of its members.”

– Coretta Scott King

True compassion requires action to make a positive change. At St. Vincent, we understand the immense challenges facing the youth we serve, including abuse, neglect, poverty, violence, trauma, and homelessness. Without care and support, these challenges manifest into anxiety, depression, a sense of helplessness, and potentially life-threatening outcomes.

As you will read in this progress report, our compassion is leading St. Vincent to greater action in our community, demonstrated by new partnerships with the Normandy Schools Collaborative and the St. Louis County Family Courts (see story on page 4). Action and activity continue to be a core focus of our 5 Cs programing that puts into action the therapeutic lessons and skills learned through numerous classes and group activities designed to build on each youth’s strengths, thus helping them to become successful young adults.

We know that this work cannot be accomplished without a community of invested partners, volunteers, and leaders who step forward and actively participate in the mission and work of St. Vincent. Your compassion comes in many forms, from the generous financial support of donors; the individuals and groups of volunteers who provide numerous activities that enrich the lives of our youth; to members of our Board of Trustees, who generously offer countless hours of service and leadership, helping St. Vincent navigate the challenges of running a non-profit organization while also looking to the future to ensure that in our 17th decade we are prepared to meet the needs of our community.

I hope you enjoy learning about St. Vincent and the many ways we continue to serve youth and families. As always, we welcome your questions and input as we work together to make a very real difference in the lives of more than 500 youth each year. We’d be glad for you to visit us to learn more about St. Vincent and tour our 102-year-old historic building.

Thanks again and Shalom,

Carla Monroe-Posey, Ph.D., LCSW, MSHA
CEO
Dear Supporters and Friends,
It is an exciting time at St. Vincent Home for Children as we approach our 170th anniversary next year. Over the last 17 decades we’ve adapted our services to meet the changing needs of the community, but our focus has remained the same – demonstrating compassion for youth and their families.

As the Board of Trustees looks to the future, we are reflecting on our rich history, evaluating our current programs, and assessing the current needs of the community to position us to best meet those needs. St. Vincent’s board has eagerly taken on the task of charting the future of the agency and establishing partnerships to increase the impact of the services we provide. Our guiding force is our commitment to building a better, stronger, more vibrant community by positively influencing children and youth today.

On behalf of the Board of Trustees at St. Vincent Home for Children, I encourage you to consider ways to join us in this work through the donation of your time, talent, and treasure.

Tiffany Charles
St. Vincent Home for Children Board of Trustees
Chair

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## Statement of Activities & Change in Net Assets

<table>
<thead>
<tr>
<th>PUBLIC SUPPORT &amp; REVENUES</th>
<th>2018 Audited</th>
<th>2017 Audited</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gifts and Grants</td>
<td>1,228,639</td>
<td>1,276,823</td>
</tr>
<tr>
<td>In-Kind</td>
<td>8,739</td>
<td>48,270</td>
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<tr>
<td>Events</td>
<td>220,150</td>
<td>179,654</td>
</tr>
<tr>
<td>United Way</td>
<td>100,413</td>
<td>104,528</td>
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<tr>
<td><strong>Total Public Support</strong></td>
<td><strong>1,557,941</strong></td>
<td><strong>1,609,275</strong></td>
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</tbody>
</table>

| Program Fee for Service   | 1,612,022   | 1,684,842   |
| Investment                | (110,954)   | 50,599      |
| Misc. Revenue             | 33,018      | 37,850      |
| **Total Public Support & Revenues** | **3,092,009** | **3,382,566** |

<table>
<thead>
<tr>
<th>EXPENSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programs</td>
</tr>
<tr>
<td>Management &amp; General</td>
</tr>
<tr>
<td>Development</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
</tr>
</tbody>
</table>

| Increase in Net Assets    | 106,334     | 263,919     |
| Net Assets Beginning of Year | 3,779,184 | 3,515,265 |
| **NET ASSETS END OF YEAR** | **3,885,518** | **3,779,184** |
IMPACT: Meeting People Where They Are

By working with Normandy Schools and the St. Louis County Family Courts, St. Vincent expects to serve more than 100 new youth in 2020!

For 169 years, St. Vincent has served youth and families, first as an orphanage and now as a residential and outpatient facility where at-risk youth receive counseling and support. Our programs are known throughout the region for being safe, welcoming, and impactful. To meet the growing needs of our clients, St. Vincent is expanding our community-based services through unique partnerships with the Normandy Schools Collaborative and the St. Louis County Family Courts.

Normandy Schools Collaborative
In 2017, the Normandy Schools Collaborative established the Center for Academics and Social Advancement (CASA) as a new approach for students who struggle in a regular school setting with challenges that include behavioral, emotional, and learning disorders. The CASA program provides small classroom settings where faculty offer the one-to-one academic support youth need to get back on track academically. During the first year, CASA faculty realized that they didn’t have the resources and expertise to help their students deal with emotional and behavioral challenges. That’s when they asked St. Vincent if we would provide the therapeutic services these students need to thrive.

At the beginning of this school year, St. Vincent’s clinical director, Dr. Courtney Groves and other program staff met individually with CASA students to conduct psychosocial assessments, identifying each youth’s specific needs and treatment goals. Counselors now meet weekly with students, providing at least one hour of individual counseling. CASA students also participate in counseling groups at St. Vincent and in our 6 Cs activity-based programming with other St. Vincent youth.

Through this partnership, St. Vincent is helping CASA students thrive in their school and home environments as they progress toward graduation. The CASA program had 100 students enrolled during the 2018/2019 school year. Working with their faculty, we expect to provide initial assessments to each student and anticipate that as many as 40 students will receive ongoing services this year.

St. Louis County Family Courts
St. Vincent and the St. Louis County Family Courts have been partnering for several years, with the Courts serving as a referral partner for at-risk youth in the community. That partnership expanded in 2018 when we initiated a “warm transfer” protocol where Court officials and parents can bring youth in need of services to St. Vincent any time of the day or night.

This year, the Family Courts established the Community Alternative Program (CAP) which is modeled after the Juvenile Detention Alternatives Initiative (JDAI), a national movement designed to reduce the number of youths detained prior to their cases being adjudicated, and also to reduce the number of youths who commit additional offenses. The St. Louis County program is adding an innovation to the typical JDAI program by providing counseling and behavioral health services to youth prior to trial. Knowing the full-range of services provided by St. Vincent, the Family Court asked us to develop a therapeutic day program where selected pre-adjudicated youth will come to our campus and receive services. This would be the first program in the state to provide mental health services to youth in the justice system prior to their court cases. In addition to providing therapeutic services for CAP youth, St. Vincent will also offer family counseling. Rick Gaines, the St. Louis Family Court’s Chief Juvenile Officer said, “This innovative program should help break the ‘school to prison pipeline’ for St. Louis County youth.”

As part of this new program, St. Vincent is also working to partner with Dr. Beth Huebner Ph.D., professor in the Department of Criminology and Criminal Justice at the University of Missouri-St. Louis to track and analyze recidivism rates for youth participating in the program and receiving services from St. Vincent. This data would help evaluate the success of the program and also help the Family Courts better understand how mental health services can benefit juvenile offenders and reduce future crime.

The challenge: 1 in 4 Missouri juvenile offenders re-offended within 1 year from their original court case with 1 in 5 committing a felony or Class A misdemeanor.
Kookin’ For Kids

There are many ways to support St. Vincent, but few are as tasty as Kookin’ For Kids. This annual edible experience is our largest fundraiser of the year, and 2019’s celebration was one we won’t soon forget! We were joined by more sponsors than ever before, and generous donors raised their paddles in record numbers in support of our Fund-A-Need challenge. The event – our 28th – raised nearly $210,000, all of which goes directly to help the 500+ at-risk youth we serve every year with our programs - LifeFOCUS, LifePATHS, EACHFocus, and LifeRECOVER. What do we have in store for Kookin’ For Kids 2020? We’ll tempt your taste buds with an announcement after the first of the year. Until then, visit saintvincentinethome.org to check out pics from the event, our culinary partners, celebrity guests, and our inspirational agency video.

SPONSORS (by level)

**CONNOISSEURS**
Dr. Jeanne and Rex Sinquefield  
Anonymous Donor  
Hunting for Hope

**GOURMET CHEF**
Drury Hotels  
First Rule  
Hauck Charitable Foundation  
RG Ross

**SOUS CHEF**
Clayton Sleep Institute  
Leadership for America  
Roanoke Construction  
Slay & Associates

**CHEF’S ASSISTANT**
BDO  
COMA Coffee Roasters  
Ellinger & Associates  
The Kelley Group  
Liberty Media  
Missouri Foundation for Health  
National Petition Management

**MAITRE ‘D**
Allied Intelligence  
BAM Construction  
Carl and Debbie Bearden  
Commerce Bank  
Daniel & Henry, Don Hiemenz  
Hancock & Prouty, LLC  
McCarthy, Leonard & Kaemmerer  
The Marian Foundation  
Dr. David and Kathy Mueckl  
Murphy Property Tax Consulting, Inc.  
Regional Strategies  
Ed Rhode  
Sisters of Christian Charity

**SAVvy SERVER**
Carol Ann Aubuchon and  
Marc and Ann Mueller  
Cozad Company, LLC  
Phil DeSarno  
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Debbie and Allen McClelland  
John Niebling  
John and Laura Noce  
Mary Ellen Ponder and Lance LeComb  
Laura Reeves  
Rice Strategy Group  
Teeco Solutions  
World Wide Technology Foundation
St. Vincent Donors – True Partners in Serving Youth

St. Vincent is proud to continue a 169-year tradition of serving youth and families without charging fees. With each passing year, this tradition becomes more challenging. Funding from the St. Louis County Children’s Service Fund (CSF) covers less than half the costs of providing our services. This gap between the true cost and the amount paid by CSF is particularly evident in our residential programs where the actual cost of one bed day is $160 higher than the fee-for-service amount paid by CSF. In fact, St. Vincent relies heavily on our donors to cover this gap to meet the growing needs of St. Louis youth.

At a time when the availability of residential beds in our community is decreasing, it’s more important than ever that we continue to provide a safe and caring home where youth receive mental health and psychoeducational counseling, and we know we are making a very real difference in the lives of youth. Last year 75% of our clients improved their ability to manage their emotions and 70% improved decision-making skills, demonstrating that our youth are gaining critical skills that will help them become successful adults!

St. Vincent is truly grateful for the generous support we receive to serve at-risk youth. Please consider supporting our mission this year by joining the Guardians of Hope or by donating an amount of your choosing. A return envelope is included with this progress report, or visit saintvincenthome.org.

2018 Numbers that Matter

DEMOGRAPHICS OF YOUTH SERVED

<table>
<thead>
<tr>
<th>BY RACE</th>
<th></th>
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<tbody>
<tr>
<td>AFRICAN AMERICAN</td>
<td>5%</td>
<td>11%</td>
<td>5%</td>
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<tr>
<td>CAUCASIAN</td>
<td>82%</td>
<td>5%</td>
<td>1%</td>
</tr>
<tr>
<td>BI-RACIAL</td>
<td>2%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>OTHER</td>
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<td></td>
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<table>
<thead>
<tr>
<th>BY AGE</th>
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<tbody>
<tr>
<td>6-9</td>
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<td>10-14</td>
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</tr>
<tr>
<td>15-19</td>
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<tr>
<td>20+</td>
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<table>
<thead>
<tr>
<th>BY DECLARED HOUSEHOLD INCOME</th>
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<tbody>
<tr>
<td>Under $10,000</td>
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<tr>
<td>$10,000 - $14,999</td>
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<tr>
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</tr>
<tr>
<td>$20,000 - $29,999</td>
</tr>
<tr>
<td>$30,000 - $49,000</td>
</tr>
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</table>

70% of youth improved their level of functioning

75% of youth had fewer mental/emotional/behavioral symptoms

Ray Reasons, President – Business Manager of SMART Sheet Metal Workers Local 36 presents a check for $20,000 to Dr. Carla Monroe-Posey from the 2019 SMART Golf Tournament
Program Spotlight

Six Cs: Competence, Confidence, Connection, Character, Compassion, and Contribution

By participating in activities, youth put the lessons learned in counseling and psychoeducational groups into action, building core characteristics to help them reach their full potential. In the past year, St. Vincent youth have been involved in the following activities and classes:

Making Music in the Sound Studio. Music producer Eugene Patterson works with youth in our state-of-the-art sound studio in the Sister Mary Ann Eültgen Youth Development Center (MAE Center). Our youth write lyrics and put them to music, helping them express their feelings and emotions. While the primary goal of the studio is therapeutic, residents like Kiavonni are using the sound studio to display and market their talents. Kiavonni is pursuing a career in the music industry and was featured in a video shown at our recent Wookin’ for Kids fundraiser. She was inspired to write the song “Stand Up,” that has more than 1,000 views on YouTube.

In The Kitchen. The Culinary Hospitality Outreach Program (CHOP) is facilitated by chefs from Ballpark Village in conjunction with our nonprofit partner Sudden Impact ICU. CHOP teaches basic cooking skills where youth make items like pizza, homemade pasta, and even Bananas Foster! The class also teaches youth proper food handling skills and prepares them to take the National Restaurant Association’s ServeSafe® food handling test that help them qualify for jobs.

Growth through Growth. Youth are getting their hands dirty planting and harvesting their own bumper crops in our Therapy Garden. Plotted out in early 2019, the Therapy Garden offers many mental and physical health benefits including stress reduction, increased self-esteem, and improved nutrition. Youth also learn valuable life skills including teamwork, responsibility, and environmental impact. The goods harvested have included heirloom tomatoes, cucumbers and beans, all of which have been incorporated into CHOP classes.

Checkmate! Weekly chess lessons are provided by volunteers from the St. Louis Chess Club. For many of our youth, this is their first experience with chess. Instructor Daniel Todd recently worked with William, a new resident who had never played chess. During their match, as William considered his next move, Daniel offered some advice, “Sometimes you need to look at the board a different way to help give you a better perspective of the situation.” In that instance, Daniel moved from teaching chess to reinforcing principles of our therapeutic program, broadening William’s perspective on chess and life!

Life Skills and more! We work with several organizations to provide a wide array of activities that promote health and teach important life skills to help clients become successful young adults. Partners include Bancorp South, CHAMP League, Epworth Children and Family Services, Girl Scouts of Eastern Missouri, Metro Theater Company, the Missouri Institute of Mental Health, Red Circle, Safe Connections, St. Louis County Library, St. Louis Health Department, St. Louis University, University of Missouri-St. Louis, Washington University, and We Rise Up for Kids.

The Six Cs is an innovative strengths-building approach to positive youth development initiated by St. Vincent in 2018.